

Mexican Chicken Burrito

LI

- I can make a dish that contributes to a balanced diet.
- I can follow a recipe to prepare Mexican Chicken Burrito-, *reading the recipe for information.*
- I can work hygienically and safely.

Valuing my achievements is practical tasks



Ingredients

50g cooked chicken- Small bowl

1x1.25ml spoon fajita seasoning – Small bowl

1 small piece of pepper, sliced

½ clove garlic, finely chopped

¼ onion, sliced

1x15ml spoon grated Cheese

On a plate

15ml Chopped tomatoes

Measuring Jug

1 tortilla wrap – On a plate

Preheat oven to 180 / Gas 6

How to roll up a Burrito

- https://www.google.com/search?q=how+to+roll+up+a+burrito&ie=&oe=#kpvalbx=_OgBqX9vEGsKTkwWZhJjACA25

Method

1. Prepare the vegetables.
2. Place the vegetables and chicken in a bowl, add the seasoning and mix well.
3. Heat oil gently and add the chicken and vegetables cooking over a medium heat for 5 minutes or until the vegetables are softened. Add tomatoes and heat through.
4. Place the veg/chicken filling onto the tortilla and sprinkle cheese on top and fold like the video shows.

HOW TO FOLD A BURRITO



STEP 1



STEP 2



STEP 3

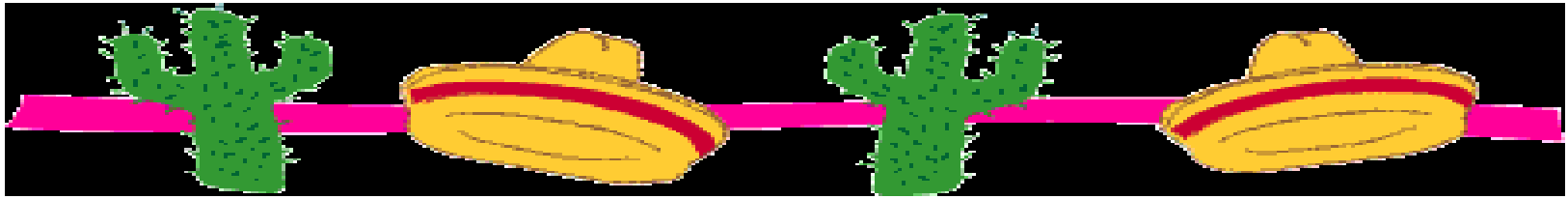


STEP 4



STEP 5

CHOW
FOOD. DRINK. FUN.



Mexican Chicken Burrito

SC

- I have made a dish that contributes to a balanced diet.
- I have followed a recipe to prepare Mexican Chicken Burrito-, *reading the recipe for information.*
- I have worked hygienically and safely.

Valuing my achievements is practical tasks

