

Tuna Pasta Salad



Ingredients

75g pasta shapes (wholemeal is best but any type of pasta will do)

½ tin of Tuna

30ml Mayonnaise

¼ red onion

¼ red pepper (or any peppers)

15ml sweetcorn

Salt and pepper to taste.

Method.

1. Fill a large pot with water and bring to the boil. Add the pasta when the water is boiling and cook per packet instructions (usually about 10minutes).
2. Collect a large bowl and place the half tin of tuna with the 30ml of mayonnaise. Give this a good stir with a metal spoon to combine all the ingredients.
3. Collect a chopping board and a sharp knife. Finely dice the red onion and red pepper.
4. Add these to the bowl with the Tuna and mayo.
5. Give this a stir to mix the onion, red pepper with the tuna and mayo.
6. Measure out 15ml of sweetcorn either using a measuring spoon or a large spoon (tablespoon) and add to the tuna mixture.
7. Give everything a good stir.
8. Drain the pasta with a sieve and mix with the tuna mixture.
9. Serve in a bowl and enjoy.