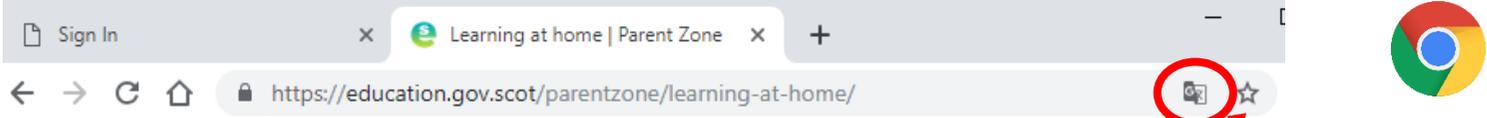
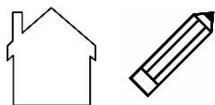


## EAL (English as and Additional Language) Home Learning Guidance for Parents: supporting your child with home learning

This guide is for parents/carers whose first language is not English. It explains how you can help your child with home learning.

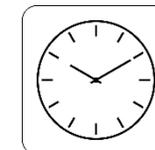
<p><b>INFORMATION AND SUPPORT</b></p>  	<p>Some school and Council documents will be translated into the main community languages. Most information from your school will be in English.</p> <p>Your child's school will communicate with you by email and through the school website. They may also make telephone calls.</p> <p><b>What can I do if I don't understand?</b></p> <ol style="list-style-type: none"><li>1. Electronic documents: you can use online translation tools (e.g. Google translate) to translate electronic communication – short phrases or whole documents. NB: although the translation may have some mistakes, it will give you the general meaning.</li><li>2. Websites: some websites have a built-in translation option. If you are using the <b>Google Chrome</b> browser, you can click the 'Translate this page' option to translate the webpage into another language (see below). NB: although the translation may have some mistakes, it will help you to understand the general meaning.</li></ol>  <ol style="list-style-type: none"><li>3. Is there a friendly parent/someone in your community, who speaks your language, you could phone to ask for help to understand the information?</li><li>4. Your child's teachers are there to help. You can contact them using the school 'admin.' email address. You can find this email address on the school website. Tell the school if you need an interpreter. You could say <i>'I don't understand the information the school is sending. Please can you help. I would like a (name of language) interpreter.'</i></li></ol> <div data-bbox="1487 954 2092 1091" style="border: 2px solid red; padding: 5px;"><p>Click here. Now click <b>Options</b> and <b>Change language</b>. Choose your language. Now click <b>Translate</b>.</p></div>
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## LEARNING AT HOME



### Ideas for planning the day

We understand that trying to support your child's learning at home alongside everything else is challenging. We encourage you to do what you can in your situation. Structure and routines can help children to feel safe and help learning. Here are some ideas:



- Agree set times for going to bed and getting up in the morning, where possible.
- Get some fresh air and exercise every day.
- Try to include a variety of activities (see the table below).
- Make a daily plan with your child (you can use pictures or symbols for the activities). Share this with your child the night before so they know what to expect. Put the plan somewhere your child can see.
- Limit the time your child spends on electronic devices where possible.
- Respect each other's privacy and give space where you can.
- Does your child have a classmate they could work with for some activities, online?
- Take time to review the day's activities to help your child feel a sense of achievement.
- Be kind to yourself, don't worry if you can't manage all of this!

This video has some suggestions for how you can structure your day:

[https://educationendowmentfoundation.org.uk/public/files/videos/EEF\\_Supporting\\_daily\\_routines\\_during\\_school\\_closures.mp4?mc\\_cid=7de45ca9&mc\\_eid=5aa0e24dbb](https://educationendowmentfoundation.org.uk/public/files/videos/EEF_Supporting_daily_routines_during_school_closures.mp4?mc_cid=7de45ca9&mc_eid=5aa0e24dbb)

### Use your home language to support your child

Research shows that a strong foundation in the first or home language is important for learning other languages, for learning the curriculum and for community identity.

You can support your child by:

- reading books in your home language and talking about them
- researching the class topic online, in your home language, using age-appropriate websites
- talking with your child about the class topic, in your home language
- creating activities in your home language, e.g. crosswords; word-searches; a quiz
- using home language literacy, numeracy and other educational websites, for the appropriate age



	<p><b>Class / subject learning activities</b>          Your child’s teacher will provide learning activities for your child to do at home. For Primary children, this might be in the form of a ‘Home Learning Grid’. The ‘Home Learning Grid’ is a table of activities for different areas of the curriculum. It’s good if your child can follow the class learning, where possible.</p> <p>This table shows you the kind of learning the teacher might ask your child to do. You can find resources to support this in the <b>EAL Resources for Home Learning</b> document. You can find other activities in the <b>Self-Care Activities</b> document.</p> 			
	<p style="text-align: center;"><b>Academic</b></p> <p>Digital or non-digital:          Literacy          Numeracy          Topic work (for example, geography history, art)          Science and technology</p> 	<p style="text-align: center;"><b>Life Skills</b></p> <p>Cooking: planning and making</p> <p>Watch films about how to make or do something (for example: how to keep fit for all ages, how to care for others/pets)</p> <p>Drawings to send to older people or people living alone</p> 	<p style="text-align: center;"><b>Creativity and Skills / Health and Wellbeing</b></p> <p>Make some art (for example: painting, drawing)</p> <p>Puppet making/ shows</p> <p>Craft/sewing/knitting</p> <p>Take photos with your phone</p> <p>Write a gratitude list – what are you grateful for today?</p> 	<p style="text-align: center;"><b>Physical Activity / Outdoor Learning</b></p> <p>Go for a run</p> <p>PE time</p> <p>Photography</p> <p>Research local community</p> <p>Bike rides</p> 
	<p><b>USEFUL WEBSITES ABOUT LEARNING AT HOME</b></p> <ul style="list-style-type: none"> <li>• <b>Education Scotland Parentzone</b> has a ‘Learning at Home’ section with information and ideas to help you support your child’s learning.  <a href="https://education.gov.scot/parentzone/learning-at-home/">https://education.gov.scot/parentzone/learning-at-home/</a></li> <li>• <b>Education Scotland Parent Club</b> has helpful advice on staying at home with children; tips for learning at home; and suggestions for resources.  <a href="https://www.parentclub.scot/articles/staying-at-home-with-children">https://www.parentclub.scot/articles/staying-at-home-with-children</a>  <a href="https://www.parentclub.scot/articles/tips-for-learning-at-home">https://www.parentclub.scot/articles/tips-for-learning-at-home</a>  <a href="https://www.parentclub.scot/articles/learning-at-home-resources">https://www.parentclub.scot/articles/learning-at-home-resources</a></li> </ul>			
	<p style="text-align: center;"><b>Coronavirus / COVID-19 Health Information</b></p> <p>Coronavirus Public Health Information: <a href="https://www.gov.scot/coronavirus-covid-19/">https://www.gov.scot/coronavirus-covid-19/</a></p> <p>Doctors of the World Coronavirus information (in different languages): <a href="https://www.doctorsoftheworld.org.uk/coronavirus-information/">https://www.doctorsoftheworld.org.uk/coronavirus-information/</a></p>			